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| Phoneme | Action Sound | How to Write the Grapheme (Sparkle Mark) |
| s | s, s, snake  | Take Jake the Snake around the lakes. |
| a | a, a, achoo | Follow the fly all the way around up, down and then flick him way.  |
| t | t, t, tip tap | Tap dance down and flick then slide down.  |
| p | p, p, pirate Pete | Walk Pirate Pete down the plank, back up and around the deck.  |
| i | i, i, incy winy | Slide Incy Wincy down the drain and flick him onto the dot.  |
| n | n, n, nee nor | Spray the hose down, then up over the fire then flick.  |
| m | m, m, munch munch | M, m munch, munch (the humps of the grapheme).  |
| d | d, d, dig | Dig around the diamond up to the sky, down the ditch then flick.  |
| g | g, g, gruff the grump | Go around his grumpy face then around his tummy.  |
| o | o, o, octopus socktopus | Draw all around the octopus.  |
| c | c, c, crunching caterpillar | Draw around the catepillar’s mouth.  |
| k | k, k, ketchup | Go across the mouth and around the shell.  |
| ck | ck, ck, click clack | See c and k.  |
| e | e, e, egg drop | Go across the mouth and around the shell.  |
| r | r, r, ROAR! | Go down the dinosaurs chin up and over the roof of his mouth.  |
| h | h, h, I want my hat back | Hop down the rabbit hole jump over the rock and flick.  |
| b | b, b, baby brains | Go down to his booties and around his ball.  |
| f, ff | f, f, foggy forest | Follow the fog out through the forest then across to the fairy. |
| l, ll | l, l, lazy ladybird | Watch lazy ladybird crawl down the leaf and flick away.  |
| ss | ss, ss, the kiss that missed | See Jake the snake.  |
| u | u is for underpants | Go under the underpants pull them up, down and flick them in the air.  |
| j | j, j, jiggle jelly | Slide down the jelly around the plate then dot a cherry on top.  |
| v | v, v, vroom vroom | Race the car down the truck then up to the finish line. |
| w | w, w, whiffy Wilson | Follow the smell Wiffy Wilson wouldn’t wash.  |
| x | x, x, box of tricks | Cross the box with a magic spell corner to corner.  |
| y | y, y, Yeti | Tickle under Yetis chin then slide down his arm.  |
| z | z, z, don’t wake the monsters | Follow the monster snore z (first right corner of z) z (second left corner of z) z (pen ends at the end of z).  |

For all digraphs please refer to how the single graphemes are formed.